**FOR IMMEDIATE RELEASE: 11 September 2015**

**Four Simple Ways to Help Real Refugees**

*This Northeast Scotland Charity Is Finding Answers*

**Aberdeenshire, United Kingdom:** Stella's Voice, a registered charity and humanitarian organisation with a base in Aberdeenshire, is sending aid and relief to the Syrian refugees who are fleeing for their lives. Focusing on Mediterranean countries, Stella’s Voice is putting their efforts on finding the locations of greatest need—the places feeling the heaviest burden from genuine, war-torn refugees that are homeless and fleeing for their lives. Through on-the-ground contacts in Italy, Greece, and Cyprus, they are identifying the epicentres where these desperate people are, and moving their aid and relief accordingly.

Stella’s Voice (formerly known as New Hope Trust) is a unique feature of Northeast Scotland. Since the collapse of the Eastern bloc in 1989, they have had a presence in aid, relief, and orphan care in Eastern Europe, primarily managed from their offices just outside of Peterhead. They are providing simple ways to support their work:

* You can quickly and easily donate £5 by texting **‘AID’** to **70660**.
* They accept non-perishable food, water, and clothing. To find your nearest drop-off centre, **call +44 (0) 300 303 2520**.
* Visit [**www.stellasvoice.org.uk**](http://www.stellasvoice.org.uk) to donate by check or credit card and to keep up with the latest news and updates.
* Spread the word by telling friends and family how they can get involved in the refugee crisis by supporting the work of Stella’s Voice.

**About Stella’s Voice:** Stella's Voice exists to prevent the worlds most vulnerable from traffickers. By providing food, shelter, care, and helping through school, college and university the world's most vulnerable are being protected. Since the fall of communism, they have been working in Eastern Europe to meet the needs of those most at risk to exploitation and harm.

Stella’s Voice aid and supplies have helped ease suffering in some of the largest European crises over the past 25 years. Learn more at [www.stellasvoice.org.uk](http://www.stellasvoice.org.uk)